

August 2024

Sentinel School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar. In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.



5
Granola, Yogurt, Oranges, Fruit Punch Juice, Milk

Cheese Quesadilla, Pinto Beans, Strawberries, Milk

6
Scrambled Egg, Toast, Pears, Apple Juice, Milk

Chicken Wings, White Rice, Veggie Sticks, Watermelon, Milk

7
Cinnamon Dusted Tortilla, Yogurt, Strawberries, Apple Juice, Milk

Chicken Patty Sandwich, French Fries, Cucumber Slices, Grapes, Milk

8
Pancake Wrap, Oranges, Fruit Punch Juice, Milk

Macaroni & Cheese, Broccoli, Dinner Roll, Strawberries, Milk

9
Cereal, Apple Slices, Orange Juice, Milk

Hot Dog, Baked Chips, Veggie Sticks, Apple Slices, Milk

12
Cinnamon Toast Crunch Soft Bar, Oranges, Apple Juice, Milk

Beef Nachos, Pinto Beans, Salsa, Grapes, Milk

13
Sausage & Egg Biscuit, Grapes, Orange Juice, Milk

Chicken Nuggets, French Fries, Carrot Sticks, Apple Slices, Milk

14
Pancakes, Strawberries, Apple Juice, Milk

Mandarin Orange Chicken, White Rice, Broccoli, Pineapple, Milk

15
Breakfast Pizza, Grapes, Fruit Punch Juice, Milk

Cheeseburger, Lettuce, Tomato, Pickles, Sun Chips, Watermelon, Milk

16
Banana Muffin, Yogurt, Pears, Apple Juice, Milk

Grilled Cheese Sandwich, Chicken Noodle Soup, Cucumber & Tomato Slices, Pears, Milk

19
Waffle, Strawberries, Oranges Juice, Milk

Chicken Wings, Brown Rice, Veggie Sticks, Watermelon, Milk

20
Biscuits & Gravy, Grapes, Fruit Punch Juice, Milk

Popcorn Chicken, Pinto Bean, Tater Tots, Oranges, Milk

21
Super Donut, Yogurt, Pears, Fruit Punch Juice, Milk

Chicken Alfredo, Toast, Broccoli, Pears, Milk

22
Scrambled Egg, Toast, Oranges, Apple Juice, Milk

Pepperoni Pizza, Garden Salad, Watermelon, Milk

23
Granola, Yogurt, Strawberries, Fruit Punch Juice, Milk

Ham Sandwich, Lettuce, Tomato, Pickles, Baked Chips, Apple Slices, Milk

26
Donut Holes, Oranges, Cheese Stick, Apple Juice, Milk

Beef Patty, Mashed Potatoes, Corn, Dinner Roll, Watermelon, Milk

27
French Toast Sticks, Apple Slices, Orange Juice, Milk

Chicken Tenders, Tater Tots, Cucumber Slices, Pineapple, Milk

28
Breakfast Pizza, Grapes, Fruit Punch Juice, Milk

Chicken Patty Sandwich, Chips, Pinto Beans, Cheese Stick, Cucumber Slices, Apples, Milk

29
Waffle, Strawberries, Orange Juice, Milk

Spaghetti & Meatsauce, Garlic Toast, Garden Salad, Oranges, Milk

30
Super Donut, Yogurt, Pears, Fruit Punch Juice, Milk

Bosco Cheese Stick, Marinara Sauce, Green Beans, Oranges, Milk

School News

August 5th
First Day of School!

Welcome Back Students & Staff!

Sentinel School
Would like to
Welcome
New
Superintendent
Steven Yoder

Let's Have an
Excellent School Year!

Go Roadrunners!
Beep! Beep!



Adult Meal Prices

Breakfast \$3.00
Lunch \$5.00

Milk offered daily at
Breakfast & Lunch 1%
White or Fat Free
Chocolate

Meals are at no charge to
students.

Menu is subject to change
due to availability of
product.

This institution is an
equal opportunity
provider.

“Esta entidad es un
proveedor que brinda
igualdad de
oportunidades”

“Free language
assistance, auxiliary aids,
and/or accommodations
are available upon
request.”