

February 2024

Sentinel School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

5
Cereal Bar, Yogurt,
Grapes, Fruit
Punch Juice, Milk
Tamales, Spanish
Rice, Garden
Salad, Pineapple,
Milk

6
Egg & Cheese
Burrito, Apple
Slices, Orange Juice,
Milk
Chicken Drumstick,
Roll, Mashed Potato
& Gravy, Green
Bean, Peaches, Milk

7
French Toast Stick,
Apples, Orange
Juice, Milk
Mandarin Chicken,
Broccoli, White
Rice, Grapes, Milk

8
Pancakes,
Strawberries, Apple
Juice, Milk
Chicken Tenders,
Sweet Potato Tots,
Pinto Beans,
Oranges, Milk

9
Mini Chocolate
Donuts, Cheese
Stick, Pear, Orange
Juice, Milk
Max Pizza Stick,
Marinara Sauce,
Green Beans,
Peaches, Milk

12
Popart, Cheese
Stick, Oranges,
Fruit Punch Juice,
Milk
Cheese Quesadillas,
Garden Salad,
Apples, Milk

13
Scrambled Eggs,
Toast, Pear, Apple
Juice, Milk
Chicken Wings,
Veggie Sticks,
White Rice,
Oranges, Milk

14
Tortilla
w/Cinnamon Sugar,
Yogurt,
Strawberries, Apple
Juice, Milk
Beef Nachos, Pinto
Beans, Salsa,
Watermelon, Milk

15
Pancake Wrap,
Oranges, Fruit
Punch Juice, Milk
Macaroni & Cheese,
Roll, Broccoli,
Grapes, Milk

16
Cereal, Apple
Slices, Orange
Juice, Milk
Hot Dog, Oven
Fries, Cucumber
Slices, Cheese
Stick,
Watermelon, Milk



No School

20
Egg Patty/Sausage
Biscuit, Grapes,
Orange Juice, Milk
Grilled Cheese
Sandwich, Pinto
Beans, Cucumber
Slices, Pear, Milk

21
Pancake,
Strawberries,
Apple Juice, Milk
Mandarin
Chicken, White
Rice, Broccoli,
Grapes, Milk

22
Breakfast Pizza,
Grapes, Fruit
Punch Juice, Milk
Cheeseburger,
Oven Fries,
Lettuce, Tomato,
Watermelon,
Milk

23
Banana Muffin,
Pear, Yogurt,
Apple Juice, Milk
Pig n Blanket,
Sweet Potato Tots,
Cucumber Slices,
Peaches, Milk

26
Waffles,
Strawberries,
Orange Juice, Milk
Chicken Alfredo,
Broccoli, Garlic
Toast, Carrot
Sticks, Pear, Milk

27
Biscuits & Gravy,
Grapes, Fruit
Punch Juice, Milk
Popcorn Chicken,
Pinto Beans, Tater
Tots, Apples, Milk

28
Super Donut,
Yogurt, Pear, Fruit
Punch Juice, Milk
Ham Sandwich,
Lettuce, Tomato,
Pickle, Yogurt,
Apples, Milk

29
Scrambled Eggs,
Toast, Oranges,
Apple Juice, Milk
Pepperoni Pizza,
Garden Salad,
Apples, Graham
Cracker, Milk

School News

02/07/2024

Girls Basketball & Boys
Baseball

Mohawk @ Dateland 2pm

02/14/2024

Valentine's Day

02/16/2024

Valentine's Day
Celebration

Class Party & Dance

02/19/2024

Presidents Day
(No School)

02/21/2024

Girls Basketball & Boys
Baseball

Dateland @ Mohawk 2pm

02/28/2024

Girls Basketball & Boys
Baseball

Wellton @ Dateland 2pm

Adult Meal Prices

Breakfast \$2.70

Lunch \$4.75

Milk offered daily at
Breakfast & Lunch 1%
White or Fat Free Chocolate
Meals are at no charge to
students.

Menu is subject to change
due to availability of
product.

This institution is an equal
opportunity provider.

"Esta entidad es un
proveedor que brinda
igualdad de oportunidades"

"Free language assistance,
auxiliary aids, and/or
accommodations are
available upon request."