

# JANUARY 2024

# Sentinel School

## MONDAY

Winter Break 1



No School

## TUESDAY

Winter Break 2



No School

## WEDNESDAY

Winter Break 3



No School

## THURSDAY

Winter Break 4



No School

## FRIDAY

Winter Break 5



No School

Donut Holes,  
Apple Slices,  
Orange Juice,  
Milk

Grilled Cheese  
Sandwich, Pinto  
Beans, Cucumber  
Slices, Pear, Milk

Egg Patty Sausage  
Biscuit, Grapes,  
Orange Juice, Milk

Chicken Nuggets,  
Oven Fries, Carrot  
Sticks, Graham  
Cracker, Apple  
Slices, Milk

Pancake,  
Strawberries,  
Apple Juice, Milk

Mandarin  
Chicken, White  
Rice, Broccoli,  
Grapes, Milk

Breakfast Pizza  
Grapes, Fruit  
Punch Juice, Milk

Cheeseburger,  
Oven Fries,  
Romaine Lettuce,  
Tomato Slices,  
Watermelon, Milk

Banana Muffin,  
Pear, Yogurt,  
Apple Juice, Milk

Pig n Blanket,  
Sweet Potato Tots,  
Cucumber Slices,  
Peaches, Milk

Civil Rights Day 15



No School

Biscuits & Gravy,  
Grapes, Fruit  
Punch Juice, Milk

Popcorn Chicken,  
Pinto Beans, Tater  
Tots, Apple Slices,  
Milk

Granola, Yogurt,  
Strawberries, Fruit  
Punch Juice, Milk

Chicken Wings,  
Veggie Sticks,  
Brown Rice,  
Watermelon, Milk

Scrambled Egg,  
Toast, Oranges,  
Apple Juice, Milk

Pepperoni Pizza,  
Graham Cracker,  
Garden Salad,  
Apple Slices, Milk

Waffles,  
Strawberries,  
Orange Juice, Milk

Uncrustables,  
Graham Cracker,  
Carrot Sticks,  
Cucumber Slices,  
Pear, Milk

Breakfast Kit,  
Orange Slices,  
Apple Juice, Milk

Beef Patty, Mashed  
Potatoes, Gravy,  
Roll, Corn,  
Watermelon, Milk

French Toast  
Stick, Apple  
Slices, Orange  
Juice, Milk

Chicken Tenders,  
Tater Tots,  
Cucumber Slices,  
Pineapple, Milk

Breakfast Pizza,  
Grapes, Fruit  
Punch Juice, Milk

Chicken  
Quesadilla, Pinto  
Beans, Salsa,  
Peaches, Milk

Waffles,  
Strawberries,  
Orange Juice, Milk

Spaghetti n Meat  
Sauce, Garden  
Salad, Garlic Toast,  
Orange Slices, Milk

Super Donut,  
Yogurt, Pear, Fruit  
Punch Juice, Milk

Pretzel & Cheese,  
Broccoli, Apple,  
Milk

Cinnamon Bun,  
Pear, Fruit Punch  
Juice, Milk

Chicken Patty  
Sandwich, Pinto  
Beans, Sweet  
Potato Tot,  
Watermelon, Milk

Biscuits & Gravy,  
Grapes, Fruit  
Punch Juice, Milk

Pepperoni Pizza,  
Garden Salad,  
Peaches, Milk

Banana Muffin,  
Pear, Yogurt,  
Apple Juice, Milk

Beef Taco,  
Romaine Lettuce,  
Tomato, Salsa,  
Spanish Rice,  
Oranges, Milk

## DID YOU KNOW?

Ellis Island opened January 1, 1892.  
The opening allowed for the immigration  
of over 20 million people.

## School News

Winter Break

12/25/23 – 01/05/24

Bus Evacuation Drill

01/09/24

After School Practice

Girls Basketball &

Boys Baseball @ Dateland

Begins Returning Week

01/08/24

Boys Basketball

Tournament @ Arlington

01/13/24

Civil Right Day

01/15/24

100<sup>th</sup> Day

01/24/24

Girls Basketball & Boys

Baseball Game

Dateland V Wellton

@ Wellton 2pm

01/31/24

## Adult Meal Prices

Breakfast \$2.70

Lunch \$4.75

Milk offered daily at  
Breakfast & Lunch 1%

White or Fat Free Chocolate

Meals are at no charge to  
students.

Menu is subject to change  
due to availability of  
product.

This institution is an equal  
opportunity provider.

“Esta entidad es un  
proveedor que brinda  
igualdad de oportunidades”

“Free language assistance,  
auxiliary aids, and/or  
accommodations are  
available upon request.”