

NOVEMBER 2022

Sentinel School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Egg Patty/Sausage Biscuit, Peach Slices, Orange Juice, Milk

Chicken Nuggets, Oven Fries, Carrot Sticks, Apple Slices, Milk

2
Pancake, Strawberries, Apple Juice, Milk

Cheese Quesadillas, Pinto Beans, Cucumber Slices, Fresh Pear, Milk

3
Granola Yogurt, Oranges Slices, Fruit Punch Juice, Milk

Beef Taco, Shredded Lettuce, Tomato, Spanish Rice, Orange Slices, Milk

4
Banana Muffin, String Cheese, Fresh Pear, Milk

Pizza Stick, Marinara Sauce, Green Beans, Grapes, Milk

7
Breakfast Kit, Orange Slices, Apple Juice, Milk

Beef Patty, Mashed Potatoes & Gravy, Dinner Roll, Corn, Grapes, Milk

8
French Toast Stick, String Cheese, Apple Slices, Orange Juice, Milk

Pretzel & Cheese, Carrot Sticks, Cucumber Slices, Fresh Pears, Milk

9
Breakfast Pizza, Grapes, Fruit Punch Juice, Milk

Chicken Quesadilla, Pinto Beans, Salsa, Peach Slices, Milk

10
Waffles, Strawberries, Orange Juice, Milk

Spaghetti & Meat Sauce, Garden Salad, Garlic Toast, Orange Slices, Milk



11
Veteran's Day
No School

14
Waffles, Strawberries, Orange Juice, Milk

Cheeseburger, Oven Fries, Lettuce, Tomato, Apple Slices, Milk

15
Biscuits & Gravy, Grapes, Fruit Punch Juice, Milk

Mesquite Chicken Drumstick, Dinner Roll, Pinto Beans, Corn, Peach Slices, Milk

16
Chorizo Burrito, Apple Slices, Orange Juice, Milk

Chicken Alfredo, Broccoli, Cucumber Slices, Fresh Pear, Milk

17
Scrambled Eggs, Toast, Sliced Oranges, Apple Juice, Milk

Turkey, Mashed Potatoes & Gravy, Roll, Green Beans, Apple/Pumpkin Pie, Milk

18
Breakfast Pizza, Grapes, Fruit Punch Juice, Milk

Ham Sandwich, Lettuce, Tomato, Pickle, Baked Chips, Watermelon, Milk

21
Scrambled Egg, Toast, Orange Slices, Apple Juice, Milk

Tamale, Spanish Rice, Garden Salad, Pineapple, Milk

22
Mini Glazed Donuts, Apple Slices, Orange Juice, Milk

Chicken Tenders, Tater Tots, Cucumber Slices, Orange Slices, Milk

23
No School



Thanksgiving Break

24
No School



Thanksgiving Break

25
No School



Thanksgiving Break

28
Cereal, String Cheese, Orange Slices, Apple Juice, Milk

Chicken Taquitos, Pinto Beans, Peach Slices, Milk

29
Biscuits & Gravy, Grapes, Fruit Punch Juice, Milk

Grilled Cheese Sandwich, Sweet Potato Tots, Green Beans, Apple Slices, Milk

30
Cheese Crisp, Peach Slices, Apple Juice, Milk

Chicken Wings, Celery Sticks, Carrot Sticks, White Rice, Orange Slices, Milk

Did you know?

The full moon in November is traditionally called the Beaver Moon in the US.

School News

Veteran's Day
11/11/2022

Thanksgiving Day Lunch
11/17/2022

Thanksgiving Break
11/23/22 - 11/25/22

Adult Meal Prices

Breakfast \$2.70
Lunch \$4.60

Milk Offered Daily at Breakfast & Lunch 1% White or Fat Free Chocolate

Meals are at no charge to students

Menu is subject to change due to availability of product.

This institution is an equal opportunity provider.

"Esta entidad es un proveedor que Brinda igualdad de oportunidades"