

October 2024 *SENTINEL SCHOOL*



Monday

Tuesday

Wednesday

Thursday

Friday



7
**Fall Break
No School**



8
**Fall Break
No School**



9
**Fall Break
No School**



10
**Fall Break
No School**



11
**Fall Break
No School**



14
**Columbus Day
No School**

15
**Biscuits & Gravy,
Grapes, Fruit Punch
Juice, Milk**

**Cheeseburger,
Lettuce, Tomato,
Pickle, Chips,
Watermelon, Milk**

16
**Banana Muffin,
Yogurt, Pears,
Apple Juice, Milk**

**Beef Taco, Pinto
Beans, Spanish
Rice, Oranges,
Milk**

17
**Breakfast Burrito,
Apples, Orange
Juice, Milk**

**Chicken Nuggets,
French Fries,
Carrot Sticks,
Apples, Milk**

18
**Cereal, Apple
Slices, Orange
Juice, Milk**

**Uncrustable,
Veggie Sticks,
Goldfish Crackers,
Grapes, Milk**

21
**French Toast
Sticks, Apple
Slices, Orange
Juice, Milk**

**Chicken Tamale,
Spanish Rice,
Garden Salad,
Salsa, Milk**

22
**Breakfast Burrito,
Apple Slices,
Orange Juice, Milk**

**Chicken
Drumstick, Mashed
Potatoes & Gravy,
Dinner Roll,
Watermelon, Milk**

23
**Cinnamon Bun,
Pears, Fruit Punch
Juice, Milk**

**Mandarin Orange
Chicken, White
Rice, Broccoli,
Grapes, Milk**

24
**Pancakes,
Strawberries,
Apple Juice, Milk**

**Chicken Tenders,
Tater Tots, Pinto
Beans, Apples,
Milk**

25
**Mini Chocolate
Donuts, Pears,
Orange Juice,
Milk**

**Pepperoni Pizza,
Garden Salad,
Oranges, Milk**

28
**Granola, Yogurt,
Oranges, Fruit
Punch Juice, Milk**

**Cheese
Quesadilla, Pinto
Beans,
Strawberries,
Milk**

29
**Scrambled Eggs,
Toast, Pears,
Apple Juice, Milk**

**Chicken Wings,
White Rice,
Veggie Sticks,
Watermelon, Milk**

30
**Cinnamon Dusted
Tortilla, Yogurt,
Strawberries, Apple
Juice, Milk**

**Chicken Patty
Sandwich, French
Fries, Cucumbers,
Grapes, Milk**

31
**Pancake Wrap,
Oranges, Fruit
Punch Juice, Milk**

**Macaroni & Cheese,
Broccoli, Dinner
Roll, Strawberries,
Milk**

Did you know?
.....
National Fire Prevention
Week falls during the week
of October 9th each year. It
commemorates the Great
Chicago Fire of 1871.

SCHOOL NEWS

- 10/02/2024
Sentinel Girls Volleyball @
Paloma 1:30pm
- 10/04/2024
Teacher Inservice
(No school)
- Boys & Girls Football &
Volleyball Tournament @
Wellton 9:30am
- 10/07/24 – 10/11/24
Fall Break
- 10/14/2024
Columbus Day
- 10/18/2024
Field Trip
Wildlife Zoo
- 10/22/24 & 10/23/24
Parent Teacher
Conferences
Early release noon
- 10/24/2024
Halloween Festival
- 10/30/2024
Boys Basketball & Girls
Softball Game @ Dateland
2pm

ADULT MEAL PRICES

**Breakfast \$3.00
Lunch \$5.00**

Milk offered daily at
Breakfast & Lunch 1%
white or fat free chocolate
Meals are at no charge to
students.
Menu is subject to change
due to availability of
product.
This institution is an
equal opportunity
provider.
“esta entidad es un
proveedor que brinda
igualdad de
oportunidades”
“Free language
assistance, auxiliary aids,
and /or accommodations
are available upon
request.”